

# Personal Spiritual Inventory

Bethany Church

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## Introduction

Centuries ago, the Apostle Paul reminded believers of God’s plan, to disperse spiritual gifts among His people, “so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.” (Ephesians 4:12-13) If we attain this mature fullness, “Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of men in their deceitful scheming. Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ.” (Ephesians 4:14-15)

This call to mature fullness carries a promise of stability and joy in our Christian experience. This promise, however, is only fulfilled as we respond with a sincere desire and disciplined commitment to grow spiritually. This Personal Spiritual Inventory is designed to help you assess areas of spiritual growth that you might want to address. Obviously a simple test cannot measure how “spiritual” we are; however, this assessment can serve as a tool to suggest possible next steps in your journey toward spiritual maturity.

## Getting Started

Answer each of the following questions to the best of your ability. If you are unsure of your answer, just enter your first impulse. It usually is your best attempt. Remember, there are no right or wrong answers. We just want to provide indicators as to where you might want to grow spiritually.

Read each statement and enter a number in the Response column indicating how much you agree with the statement listed as it pertains to your spiritual life. Enter one of the following numeric options:

1 – I disagree entirely	2 – Not sure if I agree	3 – I agree somewhat	4 – I mostly agree	5 – I agree entirely
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**Section 1: Biblical Foundations**

1 – I disagree entirely	2 – Not sure if I agree	3 – I agree somewhat	4 – I mostly agree	5 – I agree entirely
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*To what extent do you agree with the following statements as they apply to your personal spiritual development?*

Statement		Response
1.	I believe that God is personal, that He loves me and He hears me when I pray.	
2.	I believe that there is One God who exists eternally in three persons: Father, Son and Holy Spirit.	
3.	I believe that I am accepted into the family of God because Jesus died and rose again for me.	
4.	I am confident that if I were to die today, I would spend eternity in God's presence.	
5.	I believe that you must know Jesus personally in order to experience eternal life.	
6.	I believe that God's Holy Spirit lives within me and leads me in my daily relationships with God and one another.	
7.	I believe that God has equipped me with spiritual gifts so that I might serve Him by serving others.	
8.	I believe that the Bible is always true.	
9.	I have a good understanding of the Bible's major themes and ideas.	
10.	I have a good understanding of how the Bible developed over the centuries.	
11.	I have a good understanding of how the Church developed over the centuries.	
12.	I feel comfortable sharing my faith with others.	
13.	I am confident that I could defend my faith if questioned by others.	
14.	I have a good understanding of what the Bible has to say regarding contemporary cultural issues.	
15.	I have a good understanding of what the Bible says regarding money, possessions and giving.	
<b>Total of All Biblical Foundation Responses</b>		

**Section 2: Personal Spiritual Disciplines**

1 – I disagree entirely	2 – Not sure if I agree	3 – I agree somewhat	4 – I mostly agree	5 – I agree entirely
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*To what extent do you agree with the following statements as they apply to your personal spiritual development?*

Statement		Response
1.	Attending Church on Sunday is a high priority for me.	
2.	I pray almost daily for God's guidance in personal decisions and circumstances.	
3.	I believe God is with me throughout the day to assist me with personal decisions and circumstances.	
4.	I pray almost daily for the needs of others.	
5.	In my prayer time, I have learned to listen to God as well as talk to Him	
6.	In my prayer time, I am gradually experiencing a greater intimacy with God.	
7.	I know that someone is constantly praying for me, and their prayers definitely make a difference in my life.	
8.	I believe that personal Bible study is absolutely critical for my spiritual development.	
9.	I read the Bible and have a personal quiet time almost every day.	
10.	When I read the Bible, most often I learn something that challenges me in some way.	
11.	When I read the Bible, I often consult the internet or other resources to help me understand what the text is saying.	
12.	Reading the Bible helps me to experience a greater intimacy with God.	
13.	I have someone in my life that regularly challenges me to deepen my prayer life and personal Bible Study.	
14.	I regularly challenge someone else to deepen their prayer life and personal Bible Study.	
15.	I regularly give a portion of my income to God's work in our local church.	
<b>Total of All Personal Spiritual Disciplines Responses</b>		

**Section 3: Spiritual Relationships**

1 – I disagree entirely	2 – Not sure if I agree	3 – I agree somewhat	4 – I mostly agree	5 – I agree entirely
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*To what extent do you agree with the following statements as they apply to your personal spiritual development?*

Statement		Response
1.	I believe that relationships with other believers are extremely important for my spiritual growth.	
2.	I meet regularly with a small group for prayer and bible study.	
3.	I currently have at least one mature believer in my life with whom I can share personal and spiritual concerns.	
4.	There is at least one person in my life who holds me accountable to a consistent Christian lifestyle.	
5.	My family provides an important spiritual foundation for my development.	
6.	I am actively engaged in passing my faith on to the next generation, to my own children or to other young people.	
7.	I look forward to seeing my friends at church services on Sunday or at other church events.	
8.	I consistently try to reach out to visitors when they visit our church.	
9.	My faith definitely affects how I treat other people.	
10.	My faith definitely helps me control my anger during times of conflict.	
11.	Most of my friends encourage me to follow Jesus consistently.	
12.	I have at least one non-Christian family member or friend with whom I have shared my personal faith journey.	
13.	I have experienced the joy of leading at least one non-Christian family member or friend to faith in Jesus Christ.	
14.	If I am to grow deeper in my relationship with Christ, I strongly believe that it is important to keep myself sexually pure, abstaining from sexual intimacy if I am single and remaining faithful to my spouse if I am married.	
15.	On the whole, I believe I find that my relationships are improving the more I devote myself to a deeper relationship with God.	
<b>Total of All Personal Relationships Responses</b>		

**Section 4: Mission and Calling**

1 – I disagree entirely	2 – Not sure if I agree	3 – I agree somewhat	4 – I mostly agree	5 – I agree entirely
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*To what extent do you agree with the following statements as they apply to your personal spiritual development?*

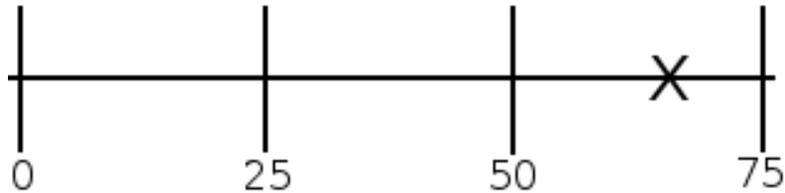
Statement		Response
1.	I have a clear sense from God about how He wants me to serve Him.	
2.	I am entirely convinced that God has gifted me spiritually to fulfill His calling on my life.	
3.	I currently give at least one hour each week to some sort of ministry or charitable cause.	
4.	I know that I have talents that God wants to use in His work.	
5.	I am passionate about at least one spiritual or social issue to the point that I want to do something about it.	
6.	I have learned that one of the best ways to grow spiritually is to serve God with others in ministry.	
7.	I feel well trained and equipped to do the ministry to which I have been called.	
8.	I gain genuine joy and satisfaction from serving God.	
9.	I have learned that God often calls me to stretch my comfort zone and serve in areas that I might not have imagined for myself.	
10.	I believe that I could lead others to serve if someone asked me to do so.	
11.	I can recall at least one situation in which my service made a difference in someone else's life.	
12.	I am currently working with a team of people that do ministry together.	
13.	I can see now how my past experiences have prepared me to serve God more effectively in the present.	
14.	I think it is very important for me to provide an example of service to the next generation of believers.	
15.	One way that I serve God's kingdom is by giving regularly a portion of my income to extend His work.	
<b>Total of All Mission and Calling Responses</b>		

**Response Summary**

The next step in this assessment process is to tabulate a summary of your responses, so that you can see areas of your spiritual development that you may wish to address. Please enter below your total scores for Sections 1 through 4. Then place an “x” in the appropriate place on each grid. For example, if, for Section 1: Biblical Foundations (on page 2), you entered “63” in the “Total of All Biblical Foundation Responses” column, **you would complete the grid as follows:**

**EXAMPLE:**

Total of All Biblical Foundation Responses  
(from Page 2):



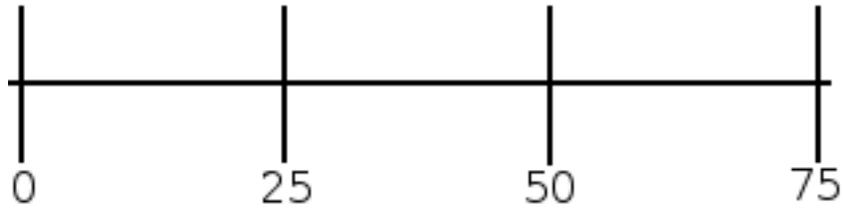
**YOUR RESPONSES**

Total of All Biblical Foundation Responses  
(from Page 2):



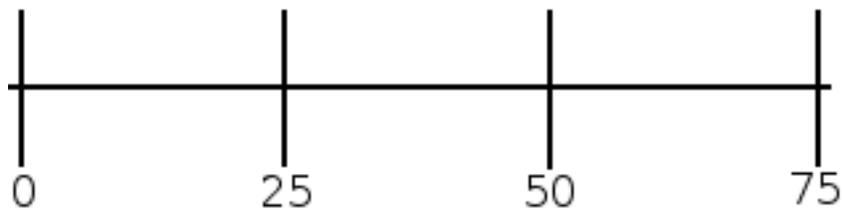
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**Total of All Personal Spiritual Disciplines  
Responses (from Page 3):**



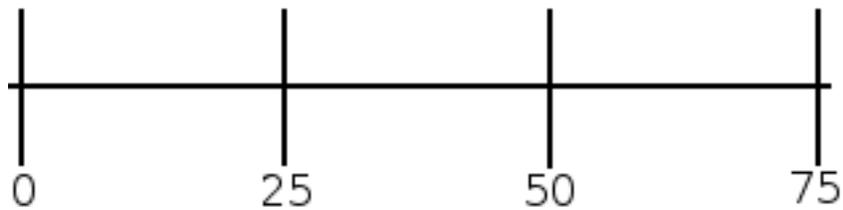
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**Total of All Spiritual Relationships Responses  
(from Page 4):**



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**Total of All Mission and Calling Responses  
(from Page 5):**



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**Action Plan**

The Apostle James reminds us:

Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like a man who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But the man who looks intently into the perfect law that gives freedom, and continues to do this, not forgetting what he has heard, but doing it—he will be blessed in what he does.

We have just looked into a mirror to see what needs to be adjusted as we venture out into the world. What action will we take?

In the space provided, answer the following questions:

1. Which of the four areas of Spiritual Development – Biblical Foundations, Personal Spiritual Disciplines, Spiritual Relationships or Mission and Calling – appears to be your strongest?

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2. Which of the four areas of Spiritual Development – Biblical Foundations, Personal Spiritual Disciplines, Spiritual Relationships or Mission and Calling – appears to require the most attention?

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3. What action steps do you need to take to improve in the area of Spiritual Development that requires the most attention? Please see possible suggestions listed on the following pages.

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4. Share your goal with someone else who will keep you on track with your objectives. Who will be your encouragement partner in this process?

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### ***Suggested Action Items***

#### ***Biblical Foundations***

1. Participate in one of our Clear Pathways classes offered at various times throughout the week. A current list of classes is usually available at the information desk in the rotunda.
2. Participate in our ongoing All-Church bible study series. During these series, one of the pastors will preach on a passage on Sunday. We then provide supplementary study materials for personal daily reflection and study.
3. Join a Connect Group. We have many groups throughout the area that meet regularly to fellowship together, study the scriptures and pray for one another. Contact the church office if you are interested in joining one of these Connect Groups.

#### ***Personal Spiritual Disciplines***

1. Our All-Church bible study series will always include a prayer component. Committing yourself to a daily prayer time in this study will help you to build this discipline into your life.
2. Get engaged in one of our many Prayer Ministries. One of the best ways to learn to pray by praying with others!
3. Get to know the Scriptures better by taking one of our Clear Pathways classes on the Bible. Get someone to take the class with you, so you are diligent about your study.
4. Select someone to pray for consistently on a weekly basis. Let them know that you are praying for them, and get constant updates from them.
5. Partner with someone so that you can encourage one another to do a daily quiet time. If you need help connecting with someone, please contact the church office.
6. Begin keeping a Prayer Journal to document your prayer life and to see how God is working.
7. An easy way to get started in spiritual discipline is to participate with us in our All-Church studies. See item # 2, under Biblical Foundations, above.
8. Start bringing an offering each week to church. For practical help managing your finances, you may want to take our Financial Peace University classes. Dates and times are listed in our Clear Pathways class brochure.
9. We provide a Celebrate Recovery Step Studies for those who desire a Christ-focused confidential recovery program supported by a loving, Christian group of men and women.

### ***Spiritual Relationships***

1. As a start to building some Christian friendships, you may wish to attend one of our monthly Connecting Ministries. First Monday, for example, meets the first Monday of each month, and a Women's Bible Study on Wednesday evenings. In addition We have a Men's Bible Breakfast that meets every Tuesday morning, a Senior's Study on Tuesday afternoon, and a LIFT, Young Adults Study on Tuesday evenings at the Greenland Campus
2. Connect Groups are always a good way to meet others who can have a positive spiritual impact on your life. To join a Connect Group, contact the church office.
3. One of the best ways to deepen your relationship with others is to join a ministry team. While serving together, ministry teams often form strong personal bonds..
4. Our Family and Marriage Ministry teams provide several classes and programs to grow your family in God's image. Please contact our Family Ministry office to get details concerning these opportunities.
5. You may wish to engage in a charitable cause outside of Bethany Church to find relationships that allow you to share your faith. Contact our Bethany Church office to inquire about these types of opportunities.

### ***Mission and Call***

1. Attend Session 2 of our Discovery Series to assist you in discovering how God may be calling you to serve. Then schedule a review session with one of our ministry leaders as they help match you with an opportunity to serve.
2. Try one of our First Serve Opportunities, a light-commitment chance to try out a ministry before signing up entirely.
4. Just jump in; you'll figure it out!